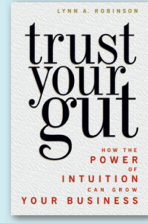
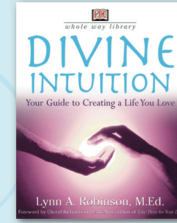
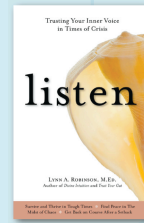


LYNN A. ROBINSON

Author • Speaker • Intuitive Consultant



Broadcast Media Information

Guest:

Lynn Robinson — Author, motivational speaker and intuitive counselor
800-925-4002 • Lynn@LynnRobinson.com • www.LynnRobinson.com

Lynn's new book:

LISTEN: Trusting Your Inner Voice in Times of Crisis (GPP Life 2010)

She's also the author of:

Trust Your Gut: How the Power of Intuition Can Grow Your Business (Kaplan 2006)

Divine Intuition: Your Guide to Creating a Life You Love (DK Books 2001)

Photo of Lynn and books:

<http://www.lynnrobinson.com/press/index.html>

Introduction Broadcast Bio:

Would you like to know how to survive — and even thrive — in this time of change and uncertainty? Can you remember any other time in your life when things seemed so out of control?

Divorce, war, foreclosure, addiction, illness, bankruptcy, unemployment — just a few of the events creating enormous stress, turning our private lives upside down.

With us today we have Lynn Robinson, author of the new book, *LISTEN: Trusting Your Inner Voice in Times of Crisis*. She suggests that knowing how to use your intuition can see you safely through the most turbulent of times. It can help you recognize and nurture the thoughts and actions that enable you to find new and positive paths.

Lynn is a leading expert on intuition with more than 20 years of experience as an intuitive advisor to both businesses and individuals. You can find out more at LynnRobinson.com. Welcome, Lynn. Is it possible for people to learn how to listen to – and trust – their intuition?

Questions: (Please add your own!)

1. How would you define intuition and where does intuition come from?
2. I understand that an inner voice helped you begin your intuitive reading business over twenty years ago. Can you tell us about that?
3. One of the points you make in your book is that there is so much information in the world, that people get overwhelmed before they make a decision. How can intuition help them?
4. What are some common ways intuition communicates with us?
5. How can intuition help someone get back on track after a setback such as a divorce or loss of a job.
6. Can you explain how you can increase intuition by asking yourself open-ended questions?
7. You write in your book about some tips to overcome worry. Could you share some of these?
8. What are some things a person can do when they feel overwhelmed and stymied by a decision to get unstuck and tap into intuition?
9. You reference a tool called Freeze-Framing that helps a person who is in an overwhelmed and in crisis mode. Can you tell us what is Freeze-Framing?
10. How can sleeping help a person make a good intuitive decision?
11. People often call you when they're stuck in a rut or overwhelmed. You suggest a daily technique that gets people going in the right direction again.
12. Can intuition help someone win the lottery? (I have a funny story about this!)
13. Lynn, how can people get in touch with you and how can people purchase your wonderful books, [Listen](#), [Trust Your Gut](#) and [Divine Intuition](#)
14. I understand you have a free "Intuition Newsletter" at your website, www.LynnRobinson.com